Essence: Sweet children, remove your attachment from everything including your own body. Only when you souls become karmateet, will you be able to return home.

Question: What causes a great deal of fear in souls and why is there that fear?

Souls have a great deal of fear of leaving the body because they have grown attached to their body. Even if a soul wants to leave its body because of sorrow, it still has to experience punishment for its sins. You children have no fear at the confluence age. You are even happier that you will leave your

old body and go to Baba.

Om shanti. Sweetest children, it has been explained to you that there is knowledge and there is bhakti. This is fixed in the drama. No one, other than you children, knows the beginning, the middle and the end of the drama. In the golden age no one is afraid of dying. Souls there understand that they will shed this body and take another. There is no question of them experiencing sorrow or crying etc. Here, everyone is fearful of death. Souls experience sorrow on leaving the body. They are all afraid because of having to take birth again and experience unhappiness and pain. However, you now belong to the confluence age. Baba has explained to you children that now you have to return. Return where? Home! To God's home. This here is not your home. The place where God and you souls reside is called the home. Our bodies do not exist there. People say that they reside in Bharat; that Bharat is their home. In the same way, you say we, which means we souls, reside in our home there. That is the home of souls. This is the home of human beings. That is called the land of mukti (liberation). People make effort to go there and meet God. There must be a great deal of happiness in meeting God. The body belongs to the soul and the soul has developed a great deal of attachment for it. This is why if there is even a little illness, souls are afraid that they may have to leave their body. This fear belongs to the path of ignorance. This is the time of the confluence age when you understand that you are now to return home with Baba. Therefore, you have no fear. Baba has shown you a very good way. Impure souls cannot come to Me in the land of mukti. That is the home of pure souls. This is the home of human beings. This body is made of the five elements. The five elements pulled you down to reside here. These elements, the sky and ether etc do not exist there. This is a way you can churn the ocean of knowledge. Because souls adopt this property, the body, they develop attachment for it, whereas we souls are in fact the residents of that place. You souls are now making effort to leave your old body and return home once again. When you souls become pure you receive happiness. There is no question of sorrow. At this time, it is the land of sorrow. So the five elements keep pulling you down here in order to play your part. You definitely have to take the support of matter, otherwise this play couldn't be performed. This play is all about happiness and sorrow. When you are happy you have no attachment for your body of the five elements. There you remain pure, you don't have attachment for your body. Now, you have to renounce all your attachment for the five elements of matter. When you are there you are pure and your bodies there are created through your power of yoga. This is why Maya will not be there to pull you. That body of yours will be created through yoga power and this is why there will be no unhappiness. This drama is created in such a wonderful way! These

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are very subtle matters and you have to understand them. Those who are very clever and remain ready to serve others are able to explain very clearly. Baba has said: By continuing to donate this wealth of knowledge you can never run out of it. If you keep donating it you will also imbibe it. Otherwise it will be difficult to imbibe it. Don't think that you can imbibe it simply by writing it down. Yes, you can write the points down and send them to others for their benefit. That is a separate matter. However, just by writing them down on paper they are of no use to you. Some just write things down and waste paper. This is something that you have to understand inside: I write it down, but how do I use it afterwards? What benefit is there if you throw it away after writing it down? This too is a way in which souls deceive themselves. These things have to be imbibed. Baba hasn't memorized anything that has been written down. Baba keeps explaining to us every day. First of all, you must have a connection with Baba. It is only by having remembrance of Baba that you souls can become pure. Then, when you go there you will remain pure. Both the soul and body remain pure there. After that power ends, the power of the five elements pulls the souls. Souls now want to renounce their body and return home, otherwise they would be happy here. You are now becoming pure. Then you will leave the body as easily as a hair is pulled through butter. You have to remove all your attachment from everything including your own body. You souls came naked and you were pure. You had no attachment for this world. There, no one cries when a soul leaves the body. There is no difficulty or illness. There is no attachment for the body. It is as though a soul is playing its part. Therefore, in order to continue to play its part when its body grows old it leaves it and takes another one. There is no kingdom of Ravan there. At this time there is the desire to go to Baba. Baba says: Remember Me. This knowledge is in your intellect. Baba says: You have to come to Me when you have been purified. Now, everyone is impure. This is why there is attachment for this puppet of the five elements and no one wants to leave it. Otherwise, reasoning says that you would want to leave your body and return to Baba. You are now making effort to become pure and return to Baba. Baba says: You used to belong to Me. You souls must now remember Me and become pure once again. There, there will be no difficulty in adopting a body. Here, people call the doctor etc. because they have attachment for the body. You should have the happiness that you are now to return to Baba. You must now have no connection with your body. You have been given your body in order to play your part. There, both the soul and body are very healthy. There is no trace of unhappiness. Therefore children, you should make plenty of effort. You are now to return to Baba, so why not renounce your body? However, until you become pure and reach your karmateet stage by having yoga, you will not be able to return to Baba. Human beings who do not have this knowledge are not able to have such thoughts. You children are able to have such thoughts. You now have to return. At the start souls had power; they were happy and had no fear. People do bhakti etc. because they are unhappy here. However, they do not know the path to go back home. Only this one Baba can show us the path to return there. You have the happiness that you are now to return to Baba. Baba explains that you have attachment for your body here, and so you must remove this attachment you have for this body of five elements. It is all Maya. Everything that you souls can see with your physical eyes is nothing but Maya. There is sorrow involved in everything. There is so much dirt. The bodies in heaven are first-class and you will have first-class palaces as well. There will be no question of sorrow. This play is predestined. These matters should enter your thoughts. Baba says: 3 26/3/99

Tell them that if they don't understand anything of this, they should at least remember Baba so that their sins can be destroyed and they will go to heaven. Originally, you are a soul. You receive this long tail of the body afterwards. So why should you become trapped by this? Baba says: This is called the kingdom of Ravan. In the kingdom of Ravan there is nothing but sorrow. There is no question of sorrow in satyug. So how are you now receiving power from Baba? By remembering the Father because you have become weak. Body consciousness makes you totally weak. Baba says: This predestined drama can never end. There is no question of eternal liberation etc. This is a predestined drama. It has been said: Why worry about what is destined to happen? Whatever has passed will happen once again. There should be no question of worry about it. Nothing bad happens in satyug. Here, there is everything to worry about. Baba says: This is the drama. Baba has shown you the path to return to Him. It is as easy as pulling a hair through butter. You souls simply have to remember Me and become pure. There is no other way to become pure. You understand that you are now sitting in the kingdom of Ravan. There, it is the kingdom of God. This play is about the kingdom of God and the kingdom of the devil. No one understands how God comes and carries out creation. Only Baba is called the Ocean of Knowledge. Only He can come and explain everything. You now understand all of this knowledge. Later on, you will forget it all. You will forget what you studied to claim your status. When you are in heaven all of this knowledge will have vanished. You will not know how God made you into those with a double crown. If this one didn't know anything, how could those who study the scriptures know anything? This knowledge will not even touch them. You come here and listen to Baba and this is why it instantly touches you. All of this is incognito. Baba speaks to you, but is anything visible? It is understood. Have you ever seen a soul? It is understood that the soul exists. It is possible to see it with divine vision. Baba says: What would you understand by seeing it anyway? Souls are just tiny points. There are countless souls. You would have to have a vision of ten to twenty souls. You would understand nothing by just seeing one soul. Many have visions. How would they understand whether they were seeing a soul or the Supreme Soul? The contrast would not be understood. Whilst sitting in remembrance you may see tiny souls but you couldn't tell whether it is the soul or the Supreme Soul. You now understand that there is a great deal of power in such a tiny soul. The soul is the master of its body. It renounces one body and enters another in order to play its part. This is the wonder of nature. If someone's body becomes ill or he becomes bankrupt, he feels that it would be better to leave the body, that if the soul leaves its body it would be liberated from pain. However, how can the burden of sin that is on his head be removed? You have to make effort to destroy your sins with remembrance. A great deal of sin has been committed due to Ravan, and Baba shows you the way to be liberated from that. He simply says: Continue to remember Me! You should leave the body in remembrance and all your sins etc. will finish. To stay in remembrance isn't as easy as going to your aunty's home! When you try to remember Me Maya causes you a great deal of distress. She makes you forget Me again and again. Baba tells you his experience: I try very hard, but Maya still puts obstacles in the way of my remembrance, even though we are both together. Even though we are together, I repeatedly forget to have remembrance; it is very difficult. Again and again, someone else or something else is remembered. You make very good effort. Some tell tall stories. They write a chart for ten or fifteen days and then leave it. You must be very cautious about this. It is understood 4 26/3/99

that when you have all become pure and reached your karmateet stage, you will gain victory. This is the Godly lottery. To remember Baba is called a thread of remembrance. It is a question of using your intellect to understand. Some say that they remember Baba, but Baba says that they don't even know how to remember Him. There will be difference in the levels of status. This is how the kingdom is being created. You have ruled a kingdom many times and lost it again. Baba comes and teaches you every five thousand years. Then, in the kingdom of Ravan you fall onto the path of sin. Those who were deities fell onto the path of sin. So Baba explains many deep aspects of how to remember Baba. It is very easy. You will leave the body and go to Baba. That can only happen at the end. Once you recognise Me your sins can be destroyed with the power of yoga.. No one returns now, no matter what anybody may do. Only I come and teach the power of yoga. Then that power of yoga lasts for half a kalpa. There, you experience limitless happiness. People do all sorts of things on the path of bhakti. Bhakti doesn't remain when Baba comes and gives knowledge. The day dawns with knowledge and then there are no more difficulties. Bhakti takes place in the night of stumbling. There, there is no question of sorrow. All of these matters will sit in the intellect of the saplings who belong here. These are very subtle matters. Knowledge is wonderful and cannot be explained by anyone but Baba. There are very few who understand. This too is fixed in the drama. Nothing can be changed in this. (Even God cannot change anyone's fortune). People think that God can do everything. God only comes once and shows the way to heaven. Now, the intellect of you children is becoming very broad. Both of us are together. When Brahma looks at someone, he has the consciousness of giving that soul a donation of peace. One can understand on seeing them whether they belong to our clan or not. You serviceable children also have the task of feeling their pulse. They will become silent if they belong to your clan. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to

the spiritual children.

## Essence for dharna:

Slogan:

1. In order to become pure and return home with Baba, don't have attachment to the puppet of the five elements. Remove all fear of leaving the body.

2. Be very attentive and increase your chart of the pilgrimage of remembrance. Purify the soul with the power of yoga. Become karmateet and win this Godly lottery.

Blessing: May you remain a completely enlightened soul who completely destroys all of Maya's power with your power of love.

To be filled with love is to be completely enlightened. Love is the blessing of Brahmin life. At the confluence age, the Ocean of Love gives you trays full of diamonds and jewels, therefore fill yourself with love. Your power of love will transform all the mountains of adverse situations and make them as light as water. No matter how fearsome or royal the form of Maya that opposes you takes, just merge yourself for a second in the Ocean of Love and with the power of that love you will destroy all of Maya's power

Constantly maintain the subtle intoxication of "Wah me!" (How wonderful I am!) and your body and mind will naturally dance in happiness.

\* \* \* OM SHANTI \* \* \*